

The AMERICAN CORNER at AUK Presents:

ARAB AMERICANS AND MENTAL HEALTH ISSUES



Dr. Dinkha is a Licensed Clinical Psychologist and an Associate Professor of Psychology at the American University of Kuwait (AUK). She is a member of the American Psychological Association as well as many other international psychological organizations. She earned her Bachelors degree in Psychology from Purdue University, a Masters degree in Clinical Psychology from Illinois School of Professional Psychology (ISPP) and a Doctorate degree also in Clinical Psychology from ISPP. Dr. Dinkha has had extensive experiences working in the Middle East as well as the United States of America. Her clinical and research experiences and publications have focused on working with mental health issues in relation to the Arab and Arab-American populations. Her diverse background, experiences, and her ability to speak numerous languages have

provided her the opportunity to help individuals and families understand their psychological and psychosocial problems in private practice. Dr. Dinkha also works closely with early career mental health professionals, providing them with training, supervision and overall mentorship.



Dr. Aboul-Hosn is a U.S. trained psychologist and is a member of the American Psychological Association, as well as the Lebanese Psychological Association. She earned her Bachelors degree in Psychology from the University of South Florida, a Masters degree in Clinical Psychology from Argosy University/Florida School of Professional Psychology and a Doctorate degree also in Clinical Psychology from Argosy University/Florida School of Professional Psychology. While in the United States, she acquired vast experiences working in multiple mental health settings, which afforded her the opportunity to work with a wide range of mental health issues, across various age ranges and ethnicities. This experience was applied and further enhanced through Dr. Aboul-Hosn's work in the Middle East region. Her research and expertise include

working with individuals from diverse ethnic backgrounds, with emphasis on the Arab American population, as well as providing culturally sensitive psychological assessments and psychotherapeutic services. Dr. Aboul-Hosn is also an Adjunct faculty at the American University of Kuwait (AUK), teaching various undergraduate psychology courses.

Time: 1-2

Date: Tuesday May 11

Location: American Corner at AUK Library