

American Business Council - Kuwait Magazine RESPONDENT



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Kaizen Center: Leadership Training

Dr. Juliet Dinkha and Dr. Nisrine Aboul-Hosn are psychologists with a passion for promoting growth and development within individuals and institutions. Their knowledge and experience in the areas of clinical psychology, corporate training, and leadership development make them a unique team capable of providing therapeutic, assessment, and training services to the community.

In addition to the individual services of therapy and assessment, Dr. Dinkha and Dr. Aboul-Hosn have introduced training programs to renowned companies and organizations in Kuwait. They offer an extensive range of organizational services, which include Employee Assistance Programs, Group Advising Programs, and Executive Coaching Programs. Through personality assessments and training sessions they provide tools for stress, anger and time management. They also teach effective problem solving, communication and conflict resolution skills. The programs are designed to help employees cope with difficulties in their occupational and personal lives. Because Dr. Dinkha and Dr. Aboul-Hosn are passionate in helping people to achieve their full potential, they are determined to assist individuals and corporations reach their optimal level of functioning.



Dr. Juliet Dinkha



Dr. Nisrine Aboul-Hosn

One of the most popular training programs offered is the Leadership Retreat, where employees and executives explore organizational concerns and tap into group creativity. Through engagement in specific tasks and activities, the entire team learns how to tackle tough decisions, create a collective vision of success, and explore and foster change.

Given the success of the above mentioned programs, Dr. Dinkha and Dr. Aboul-Hosn have decided to expand their training programs and have developed a training department that can accommodate the needs of various companies and institutions.

YOU DON'T NEED A TITLE TO BE A LEADER We look

we look forward to enhancing your personal and professional growth



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Best leadership training services in Kuwait

Kaizen Center Branch 2 is one of the leading centers in Kuwait and region, providing therapeutic, assessment and training services.

Our qualified professionals are licensed and certified in the areas of psychological treatment and assessment, organizational and corporate training, business and executive coaching, and leadership development.

We are proud to be the first private center in Kuwait to offer bilingual employee assistance programs and corporate training, in the form of workshops, in-house consultations, and leadership retreats.