

MEET DR. JULIET DINKHA

Board of Directors' ABCK

DEGREES

2000 **Psy.D. Clinical Psychology**

- Illinois School of Professional Psychology
Chicago, IL
- APA Accredited Program
- Dissertation: Acculturation effects of
immigration with Arab-American Adolescents

1996 **Master of Arts in Clinical Psychology**

- Illinois School of Professional Psychology
Chicago, IL
- Thesis: The Utilization patterns of mental-
health services and Arab-Americans

1990

- Bachelor of Arts in Psychology
- Purdue University Lafayette, IN

PROFESSIONAL CREDENTIALS

2004 **Licensed Clinical Psychologist**


Illinois License #71006781

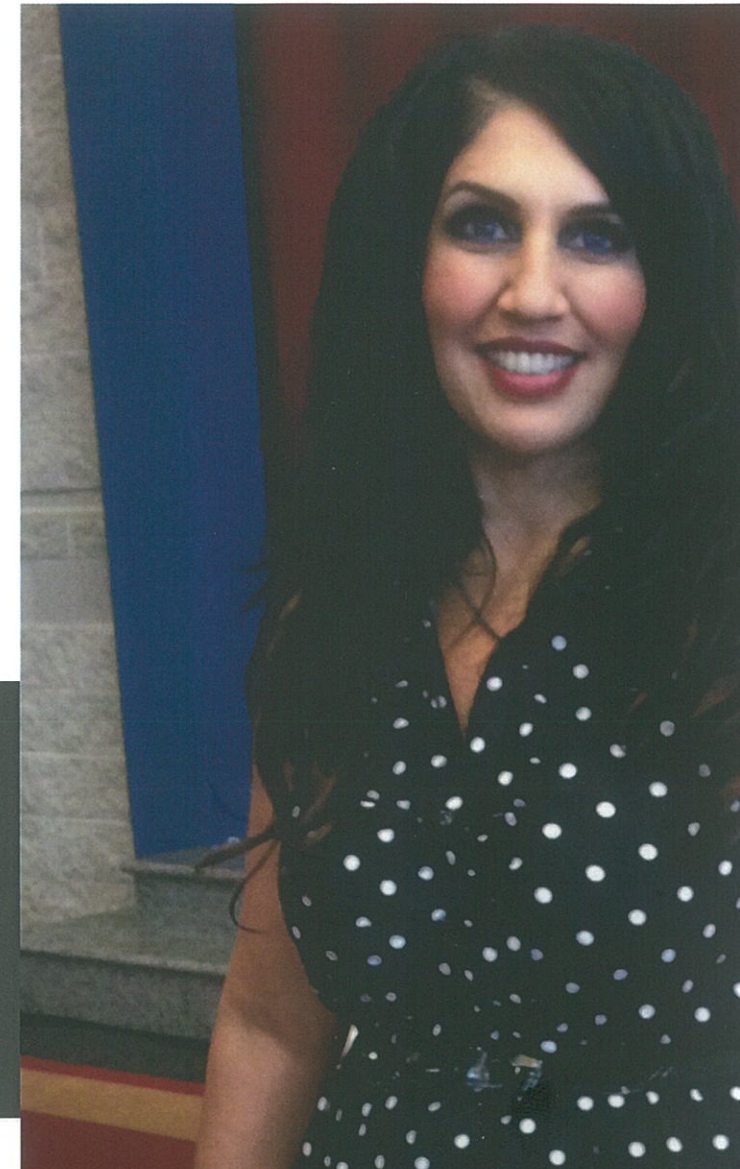
CONTACT ME

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 Mind.Bubble



AT A GLANCE

- US licensed clinical psychologist, practicing in both the USA and Kuwait for the last 15 years
- Associate Professor of Psychology at the American University of Kuwait (AUK) since 2005
- Member of the American Psychological Association and many other international psychology organizations
- Clinical and research experience of working with mental health issues among the Arab and Arab-American population
- Bachelor's degree in Psychology from Purdue University, USA, a Masters degree and a Doctorate in Clinical Psychology from Illinois School of Professional Psychology, USA
- Fluent in English, Arabic, Assyrian and Spanish

PROFESSIONAL SERVICES OFFERED

Individual Psychotherapy
Family Psychotherapy
Couple Therapy
Child and Adolescent Problems
Behavior Modification
Relaxation Techniques
Stress Management
Anger Management
All Type of Phobias
Anxiety and Fears
Identity Problems
Culture Shock
Adjustment Disorder
Obsessive Compulsive Disorder (OCD)
Depression
Women Problems
Low Self -Esteem
Schizophrenia

BIOGRAPHY

Dr. Dinkha is a Licensed Clinical Psychologist and an Assistant Professor of Psychology at the American University of Kuwait (AUK). She is a board member with the American Business Counsel Kuwait (ABCK), member of the American Psychological Association, and the Middle East Psychological Association (MEPA), as well as many other international psychological organizations. She earned her Bachelor's degree in Psychology from Purdue University, a Master's degree in Clinical Psychology from Illinois School of Professional Psychology (ISPP) and a Doctorate degree also in Clinical Psychology from the Illinois School of Professional Psychology.

Dr. Juliet Dinkha has had extensive experiences working in the Middle East as well as the United States of America. Her clinical and research experiences and publications have focused on working with mental health issues as it relates to the Arab and Arab-American populations. Her diverse background, experiences, and her ability to speak numerous languages (i.e. Arabic, Spanish, Assyrian and English) have provided her the opportunity to help individuals and families understand their psychological and psychosocial problems in private practice.

Dr. Dinkha also works closely with early career mental health professionals, providing them with training, supervision and overall mentorship.