

Nisrine K. Aboul-Hosn, Psy.D
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EDUCATION

Doctorate in Clinical Psychology (2006)

Argosy University-Florida School of Professional Psychology, Tampa, FL.
APA- Accredited Program
Dissertation: Clinical Implications of Arab American Identity Development

Master of Arts in Clinical Psychology (2004)

Argosy University-Florida School of Professional Psychology, Tampa, FL
APA- Accredited Program

Bachelor of Arts in Psychology, Minor in International Studies (2001)

University of South Florida, Tampa FL

CERTIFICATES

Beck Institute Certificates-Online Training (2018-2019)

Essentials of CBT
CBT for Anxiety
CBT for Depression
CBT for Personality Disorders

The 7 Habits of Highly Effective People Certificate (2016)

In-Person Training-Kuwait

Co-Active Trained Coach (2013)

The Coaching Institute of Dubai (CTI)
Accredited by the International Coaching Federation (ICF)

FOREIGN LANGUAGES

Arabic: speak, read and write fluently
English: speak, read and write fluently

PROFESSIONAL EXPERIENCE

Clinical Psychologist/Training Instructor

Private Practice-Kuwait (2007-Present)

Duties:

- Provide individual, couples, family, and group bilingual therapy to individuals of various ages suffering from a range of psychological symptoms and disorders
- Provide assessments to individuals of various ages (personality, cognitive, achievement, PTSD etc.)
- Provide psycho education and training to various community organizations on a range of psychological and sociological topics
- Collaborate with a multidisciplinary team (physicians, teachers, social workers, etc), within the community, to provide comprehensive services.

- Provide bilingual consultations and professional development to individuals and organizations (i.e. schools, business institutions, etc.)
- Develop and deliver employee assistance and corporate training programs to corporations and institutions
 - Corporate coaching, individual coaching, and leadership training for junior and senior level staff

Adjunct Faculty of Psychology (Sep. 2008-June 2012)

American University of Kuwait, Salmiya, Kuwait

- Teach various undergraduate level courses in Psychology
- Conduct seminars and participate in panel discussions, at the request of the college counseling center, on various psychological topics
- Conduct research with other psychology faculty members and students

Psychologist (Feb. 2008-June 2008)

Center for Child Evaluation and Teaching, Surra, Kuwait

Duties:

- Conduct learning disability assessments for school aged and college aged individuals
- Consult with parents and school/college staff to implement necessary recommendations

Clinical Psychotherapist/Post-Doctoral Resident (Aug. 2006-May 2007)

Center for Multicultural Human Services, Falls Church, VA

Duties:

- Provide individual, couples, and group bilingual therapy for adult immigrant clients who are survivors of politically motivated torture and trafficking under the Program for Survivors of Torture and Trafficking (PSTT)
- Provide individual bilingual therapy for agency based adult and adolescent immigrant clients
- Provide site coordination at local high school that is participating in a school based counseling program, LEAD (Leadership, Education, Achievement, and Diversity)
- Provide individual and group bilingual school based therapy for immigrant adolescents through the LEAD program
- Provide supervision to pre-Doctoral and Master level interns and externs working in the LEAD program
- Provide training and workshops/seminars to pre-Doctoral interns on various topics, including utility of assessment measures with diverse populations, cross-cultural competency, and clinical work with survivors of trauma
- Conduct bilingual psychological assessments including court ordered mental health evaluations and asylum evaluations with adults and adolescents
- Collaborate with a multidisciplinary team including case management, psychiatry, research
- Participate in weekly program meetings including the PSTT program, adult/family program, and LEAD program
- Participate in local and nation wide psychological conferences and seminars
- Receive weekly individual supervision
- Receive agency training on multicultural competency and other clinical topics
- Receive specialized training (i.e. art and play therapy)

Pre-Doctoral Psychology Intern (Aug 2005-Aug 2006)
Center for Multicultural Human Services, Falls Church, VA

Duties:

- Provide individual bilingual therapy and support for adult immigrant clients who are survivors of politically motivated torture and trafficking under the Program for Survivors of Torture and Trafficking (PSTT)
- Provide individual bilingual school based therapy for immigrant adolescents through a school based counseling program, LEAD (Leadership, Education, Achievement, and Diversity)
- Provide individual bilingual therapy for agency based adult and adolescent immigrant clients
- Provide bilingual home based services for immigrant parents
- Conduct bilingual psychological assessments including court ordered mental health evaluations and citizenship waivers with adults and children
- Collaborate with a multidisciplinary team including case management, home based services, psychiatry, research, and legal matters
- Participate in weekly program meetings including the PSTT program, adult/family program, and home based program
- Receive weekly individual supervision
- Receive agency specialized training on multicultural competency
- Participate in weekly didactic seminars including a professional development seminar and an assessment seminar
- Participate in biweekly case presentations and didactic topic discussions
- Receive specialized training including sand tray and art therapy
- Facilitate clinical case presentations for psychology and counseling externs

RESEARCH

REFEREED SCHOLARLY

Abu Ali, A. & **Aboul-Hosson, N.** (2015). *Subcultural Narratives of Pediatric Chronic Illness in the Arab Community*. *Procedia-Social and Behavioral Sciences* (165), 116- 120

Dakhli, M., Dinkha, J., Matta, M., **Aboul-Hosson, N.** (2013). *The Effect of Culture and Gender on Coping Strategies: An Extension Study*. *International Journal of Social Science*. 8.(1), 87-98

Aboul-Hosson, N., Dinkha, J., Ross, J., & Matta, M. (2012). *The implications of gender differences and choice of coping strategies on level of self-esteem among adolescents living in Kuwait*. Book proceedings in a special issue of *Mediterranean Journal of Social Sciences* 2 (5), 237-244.

REFEREED CONFERENCE PAPER PROCEEDINGS

Abu Ali, A. & **Aboul-Hosson, N.** (2014). *Subcultural Narratives of Pediatric Chronic Illness in the Arab Community*. Paper Presentation at the *Social and Behavioral Sciences Conference*. Antalya, Turkey.

Dakhli, M., Dinkha, J., Matta, M., **Aboul-Hosson, N.** (2012). *The Effects of Gender and Culture on Coping Strategies: An Extension Study*. Paper presentation at the International Conference for Academic Disciplines and Creativity. Prague, Czech Republic.

Aboul-Hosson, N., Dinkha, J., Ross, J., & Matta, M. (2012). *The implications of gender differences and choice of coping strategies on level of self-esteem among adolescents living in Kuwait*. Paper presentation at the 2nd International Conference on Human and Social Sciences ICHSS in Tirana, Albania.

Dinkha, J., **Aboul-Hosson, N.**, Dakhli, M., Matta, M. (2010). *Gender differences in coping strategies of adolescent students and their impact on self-esteem*. Paper presented at the Third International Conference 'Children and Youth in changing Societies' in Thessaloniki, Greece.

PRESENTATIONS AT ACADEMIC/ PROFESSIONAL CONFERENCES

Tesol mini conference -Theories and Practices in English Language Teaching-Kuwait

- Panel Discussion with Dr. Juliet Dinkha and Dr. Ilene Winokur on *Motivational Learning*. 2018

3rd International Child and Family Behavioral Health Conference-Abu Dhabi

- Paper presentation on *Pediatric Medical Trauma: A Psychosocial Perspective*. 2015

Invited Speaker-American University of Kuwait (AUK), Kuwait

- Student Forum with Dr. Abdullah Ghaloum, Dr. Bibi Al-Amiri, Dr. Juliet Dinkha and Dr. Nick Scull on *"Mental Health" for undergraduate students attending AUK*, 2013

2nd International Conference on Human and Social Sciences- Albania

- Paper presentation on *The implications of gender differences and choice of coping strategies on levels of self esteem among adolescents living in Kuwait*. 2012

3rd International Conference on Children and Youth in changing Societies'-Greece

- Paper presentation on *Gender differences in coping strategies of adolescent students and their impact on self-esteem*. 2010

PRESENTATIONS IN THE COMMUNITY

2018-Invited Speaker-American University of Kuwait

- Managing Stress to avoid Psychological Distress

2017-Invited Speaker -American University of Kuwait

- Women's Mental Health in Refugee Camps

2017-Invited Speaker -American International School of Kuwait

- Student forum discussion on importance of mental health during adolescence

2016-Invited Speaker- Community Association, Lebanon

- Workshop presentation on integrating student refugees into the community

- 2015-Invited Speaker-Al-Nibras School of Kuwait
- Workshop for parents and school staff: the risks of sexual abuse for children with learning disabilities
- 2014-Invited Speaker-Al-Nibras School of Kuwait
- Lecture for parents and school staff regarding the risks of sexual abuse for children with learning disabilities
- 2014-Invited Speaker- Community Association, Lebanon
- Workshop presentation on grief counseling
- 2013-Invited Speaker- Community Association, Lebanon
- Workshop presentation on communal communication
- 2012-present Guest Lecturer-American University of Kuwait
- Lecture on various psychology topics (childhood/adolescent disorders, ADHD, psychological assessments, PTSD) in Introduction to Psychology, Abnormal Psychology, and Social Psychology classes
- 2012-Invited Speaker- Community Association, Lebanon
- Workshop presentation on Bridging Generational Gaps in the Community
- 2012-Invited Speaker-American Embassy, Kuwait
- Workshop presentation on School Bullying
- 2011 – Invited Speaker- Community Association, Lebanon
- Workshop presentation on Elderly Mental Health Problems
- 2011-Invited Speaker-Surra Boys School, Kuwait
- Workshop presentation on School Violence
- 2010 – Invited Speaker- Community Association, Lebanon
- Workshop presentation on Effective Parenting
- 2009 – Invited Speaker – Community Association, Lebanon
- Workshop presentation on Community Psychology and Communal Instability
- 2009-Invited Speaker-Kuwait Ideal Education Conference, Kuwait
- Workshop presentation on the Mental Health Needs of Elementary school aged children
- 2008 – Invited Speaker - Community Association, Lebanon
- Workshop presentation on Incorporating Psychological Services in the Community
- 2007 – Invited Speaker at Intern Training Seminars – Center for Multicultural Human Services, USA
- Working Effectively with Arab-American Clients
 - Working Effectively with Survivors of War and Trauma
 - The Utility of the Personality Assessment Inventory (PAI) with Minority Groups
 - The Utility of the Clinician-Administered PTSD Scale for DSM-IV (CAPS) and the Trauma Symptom Inventory (TSI) in evaluating Survivors of Torture and Severe Trauma
 - Cross Cultural Integration in Diagnosis and Assessment

- Case Conceptualization: Kohut's Self Psychology Theory of Personality and Treatment
- Case Conceptualization: Identity Development across various stages of therapy

PROFESSIONAL AFFILIATIONS

International Affiliate (since 2001)

American Psychological Association

Member (since 2008)

Lebanese Psychological Association

Individual Member (since 2012)

American Business Council of Kuwait

Member (since 2013)

Middle East Psychological Association

Member (since 2016)

Arabian Child and Adolescent Mental Health Association