

JULIET DINKHA, Psy.D
Associate Professor
Psychology program, Department of SBS
American University of Kuwait (AUK)
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EDUCATIONAL BACKGROUND

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|------|---|---------------|
| 2000 | Psy.D. Clinical Psychology Illinois School of Professional Psychology APA Accredited Program Dissertation: <i>Acculturation effects of immigration with Arab-American Adolescents</i> | Chicago, IL |
| 1996 | Master of Arts in Clinical Psychology Illinois School of Professional Psychology Thesis: <i>The Utilization patterns of Mental-Health services and Arab-Americans</i> | Chicago, IL |
| 1990 | Bachelor of Arts in Psychology Purdue University | Lafayette, IN |

PROFESSIONAL CREDENTIALS

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| 2004 | Licensed Clinical Psychologist Illinois License #71006781 | |
| 2013- Present | Chairwoman of the American Business Council-Kuwait Chair of membership Committee Chair of the Education Focus Group Chair of the Health Focus Group | |

Co-Active Coaching Classes

The 7 Habits Of Highly Effective People

Certification Course

Coaching Skills for Leaders

Certification Course

PROFESSIONAL EXPERIENCE

**Licensed Clinical Psychologist/Training Consultant–Kuwait
(2005-Present)**

Duties:

- Provide individual, couples, and group bilingual therapy to individuals of various ages suffering from a range of psychological symptoms and disorders
- Provide bilingual consultation to individuals and organizations (i.e. schools, business institutions, etc.)
- Provide bilingual assessments to individuals of various ages (personality, cognitive, learning disabilities, etc.)

- Provide psycho education and training to various community organizations on a range of psychological and sociological topics
- Provide employee assistance and employee training programs to corporations and institutions
- Supervise and train early career mental health professionals
- Collaborate with a multidisciplinary team, within the community, to provide necessary comprehensive services

Academic Experience

2005 – Present

Associate Professor/Psychology, Department of Social and Behavioral Sciences (SBS), American University of Kuwait (AUK), Kuwait

2001- 2005

Assistant Professor, Department of Psychology, St. Xavier University (SXU), Chicago,

2001-2005

Adjunct Faculty, Graduate Psychology Program, Illinois School of Professional Psychology (ISPP), Chicago

2000-2004

Adjunct Faculty, Department of Psychology, Fitch University-Chicago Medical School.

2000- 2002

Adjunct Faculty, Graduate Psychology Program, Chicago School of Professional Psychology, Chicago

1998 – 2001

Adjunct Faculty, Department of Psychology, St. Augustine College, Chicago.

RESEARCH

REFEREED BOOK CHAPTERS

Dinkha, J., Mitchel, C., Dakhli, M. (2015) Attachment Styles and Parasocial relationships: A Collectivist Society Perspective . In B. Mohan (Ed.) *Construction of Social Psychology (Ch 10, pp. 105-121)*. InScience Press.

Berman, P., & **Dinkha, J.** (2014). Recognizing the warning signs of violence across the lifespan: Samples from Kuwait and the USA. In C. Pracana (Ed.) *Psychology Applications & Developments (Ch 43, pp. 1-9)*. Lisbon, Portugal: InScience Press.

Dinkha, J., Mitchell, C., Dakhli, M. & Mobasher, S.(2010). *Attachment styles and intimate television viewing. Insecurely forming relationships in a parasocial way: Implications in a collectivist society.* In DaSilva, A., Martins, J., Magathaes, L. & Goncalves, M(Ed.) Comunicaco, Cognicao, Media. Publicacoes da Faculdade de Filosofia, Universidade Catoloca, Braga, Portuguesa.

Berman, P., **Dinkha, J., Garg, R. & Swiderski, C.** (2008). *Using digital technology to promote effective education on violence prevention.* In M. Jaiswal & R. Garg (Ed.)

Enterprise Systems and Business Process Management: Global Best Practices.
MacMillan Advanced Research Series, Macmillan India LTD: Delhi , India .

Wright, S, & **Dinkha, J.** (2008). *Gendered Reality, professional Identity and Women of Color in Higher Education.* In When Minorities are Especially Encouraged to Apply: Addressing Diversity and Affirmative Action in PWI's. Peter Lang Publishers Series.

REFEREED SCHOLARLY

Mitchell, C., **Dinkha, J.**, Zogheib, B. (2014). Parental Control: the Relationship Amongst Parental Supervision, Education, Income, and Children's Viewing Habits. American Journal of Humanities and Social Sciences, Vol 2(3), 158-175

Dinkha, J & Mitchell, C. (2014). The relationship among TV violence, aggression, anti-social behaviors and parental mediation. Mediterranean Journal of Social Science, Vol 5 (22), 1906-1913

Mitchell, C., **Dinkha, J.**, kononova, A., & Matta, M. (2014). *A Body of Dissatisfaction: A Study of the Effects of Media Imperialism in Kuwait.* American Journal of Humanities and Social Sciences, Vo1. 2(1), 76-87

Dakhli, M., **Dinkha, J.**, Matta, M., Aboul-Hosson, N. (2013). *The Effect of Culture and Gender on Coping Strategies: An Extension Study.* International Journal of Social Science. 8.(1), 87-98

Mitchell, C., **Dinkha, J.**, A., Matta, M. & Rashwan, J. (2012). *Media Imperialism and Body Image in Kuwait.* Journal of Educational and Social Research, Vo1. 2(9), November 146-158

Dinkha, J., Mitchell, C., Ross, J., Rashwan, T.,& Matta, M. (2012). *Altruism and social learning theory; an analysis of gender differences.* Journal of Educational and Social Research 2(6), 97-104

Aboul-Hosson, N., **Dinkha, J.**, Ross, J., & Matta, M. (2012). *The implications of gender differences and choice of coping strategies on level of self-esteem among adolescents living in Kuwait.* Book proceedings in a special issue of Mediterranean Journal of Social Sciences 2 (5), 237-244

Dinkha, J., and Mobasher, S. (2012). The Risk of Depression and Suicide among the University Students of Kuwait: A Cross-Study of Three Universities. Psychology and Education 49 (1& 2), 7-18

Dinkha, J., Mobasher, S., El-Shamsy, N. (2010). *Altruism and social learning theory; an analysis of gender differences.* Psychology and Education 47 (1&2), 23-34. Reprinted in 2012

Dinkha, J. (2010). Cultural Influences Affecting Asian Women Teaching in Kuwait: An Analysis of Five Case Studies. Psychology Journal , 7(1), 31-40

Dakhli, M., **Dinkha, J.**, Matta, M. (2009). Educational Attainment and Career Success in the GCC: Does Gender Matter?. AUK Occasional Papers, 6(4), 3-10

Dinkha, J., Abdulhamid, S., & Abdelhalim, N. E. H. (2008) How identity is constructed: An analysis of four case studies. Psychology Journal, 5(4), 190-211

Dinkha, J. and Dakhli, M., (2008). *Perceived Discrimination in the Arabian Gulf: The Case of Migrant Labor in Kuwait*. Psychology Journal, 6(2), 47-59.

Reyes, S. A., **Dinkha, J.** (2005). *Psychological Well-being of Adolescent Immigrant Students: Recommendations for School Practice*. National Association for Bilingual Education (NABE) News.

REFEREED SCHOLARLY UNDER REVIEW

- The Silent Spring: an examination of why prodemocracy activity was avoided in the Gulf nations during the Arab Spring. Submitted to the *Journal of Conflict Studies*-March 2016
- The Online Looking Glass: The Study of Self Esteem and Narcissism on Instagram. Submitted to the *Journal of Experimental-Social Psychology*- May 2016

REFEREED CONFERENCE PAPER PROCEEDINGS

Mitchell, C., and **Dinkha, J.**, Rashwan, T., & Matta, M. (2013). *Media Imperialism and Body Image Perception in Kuwait*. Paper presentation at the International Psychological Conference and Trends (InPACT) in Madrid, Spain.

Berman, P., **Dinkha, J.**, Clarke, A. (2013). *Recognizing the Warning Signs of Violence Across the Lifespan: Samples from Kuwait and the USA*. Paper presentation at the International Psychological Conference and Trends (InPACT) in Madrid, Spain.

Dakhli, M., **Dinkha, J.**, Matta, M., Aboul-Hosson, N. (2012). The Effects of Gender and Culture on Coping Strategies: An Extension Study. Paper presentation at the International Conference for Academic Disciplines and Creativity. Prague, Czech Republic.

Dinkha, J., Mitchell, C., Ross, J., Rashwan, T., & Matta, M. (2012). *Altruism and social learning theory; an analysis of gender differences*. Paper presentation at the 2nd International Conference on Human and Social Sciences ICHSS in Tirana, Albania.

Aboul-Hosson, N., **Dinkha, J.**, Ross, J., & Matta, M. (2012). *The implications of gender differences and choice of coping strategies on level of self-esteem among adolescents living in Kuwait*. Paper presentation at the 2nd International Conference on Human and Social Sciences ICHSS in Tirana, Albania.

Dinkha, J., Abul-Hosson, N., Dakhli, M., Matta, M. (2010). *Gender differences in coping strategies of adolescent students and their impact on self-esteem*. Paper presented at the Third International Conference 'Children and Youth in changing Societies' in Thessaloniki, Greece.

Berman, P., **Dinkha, J.**, Kasardo, A., Garg, R., meng, H. (2010). The First Step in Preventing Violence is to Recognize the Warning Signs : A Cross-cultural Violence Prevention Project. Paper presented in China.

Berman, P., **Dinkha, J.**, Swiderski, C., Garg, R., & Husenits, K. (2010). Involving Students in Violence Prevention- a Cross-cultural Comparison. Poster presented at National Summit on Interpersonal Violence and Abuse Across the Lifespan: Forging a Shared Agenda Dallas, Texas

Dinkha, J., Mitchell, C., Mobasher, S. (2009) Attachment Styles and Intimate T.V. Viewing: The Role of the Context: Implications in a Collectivist Society. Communication, Cognition and Media Congress, Braga, Portugal

Berman, P., **Dinkha, J.** & Garg, R. (2009) Windows of opportunity that also carry with them barriers to success: Using digital technology to promote effective education and violence prevention. International Conference on Service Management 2009(ICSM). India.

Dakhli, M., **Dinkha, J.**, Matta, M. (2009). Educational Attainment and Career Success in the GCC: Does Gender Matter?. Paper presentation at the 4th Liberal Arts Conference, Kuwait.

Dakhli, M., Ohan, C., **Dinkha, J.**, Scholl, A., Shaheed, M., & Akbar, M. (2008). *A Study of the labor Market Dynamics and Trends in Kuwait: A Multi-Perspective Approach*. Paper presentation at the Southern Management Association (SMA). Florida, USA.

Berman, P., **Dinkha, J.**, Garg, R. & Swiderski, C. (2008). *Using digital technology to promote effective education on violence prevention*. Paper presentation at the International Conference on Enterprise Systems: for Best Management Practices, Management Development Institute, Gurgaon India .

Dinkha, J., Casey, C. (2007) *Working to death in Kuwait: Depression and suicide among expatriate Asian domestic workers*. Paper presentation at the 2nd Liberal Arts Conference, Kuwait.

Casey, C., **Dinkha, J.** (2007) *Subjectivity and Identity among Kuwaiti Young Adults*. Paper presentation at the 2nd Liberal Arts Conference, Kuwait.

Casey, C., **Dinkha, J.** (2007) *Memory and Subjectivity among Kuwaiti Youths: Child Witnesses of the 1990 Invasion of Kuwait*. Paper presentation at the 2nd Middle East and North Africa Regional Conference of Psychology, Amman, Jordan.

Dinkha, J., Reyes, S.A. (2005) *Impact of School's bilingual Language Policies on the Psychological Well-being of Adolescent Second Generation Immigrants*. LED International Conference paper with the University of Waikato, Hamilton, New Zealand.

CONFERENCE PRESENTATIONS

Kuwait International Conference on Life Sciences (KICLS)- Kuwait University, Kuwait

- Presentation on "A Body Dissatisfaction: A Study of the Effect Of Media Imperialism in Kuwait." 2016

Research, Education, and Advocacy for Community Health (REACH), IUP, USA

- Paper presentation on Cultural Barriers and Kuwait: Interplay Between Arab Cultural Variables and the Dynamics of violence Against Women and children. 2014

International Psychological Conference and Trends (InPACT), Spain

- Paper Presentation on *Media Imperialism and Body Image Perception in Kuwait*. 2013
 - Paper Presentation on *Recognizing the Warning Signs of Violence Across the Lifespan: Samples from Kuwait and the USA*. 2013
- 2nd International Conference on Human and Social Sciences, Albania
- Paper presentation on *The implications of gender differences and choice of coping strategies on levels of self esteem among adolescents living in Kuwait*. 2012
- 3rd International Conference 'Children and Youth in changing Societies'-Greece
- Paper presentation on *Gender differences in coping strategies of adolescent students and their impact on self-esteem*. 2010
- Communication, Cognition and Media Congress- Sept 23-25 – Braga, Portugal
- Paper presentation on "Attachment Styles and Intimate T.V. Viewing: The Role of the Context: Implications in a Collectivist Society." 2009
- 4th Liberal Arts Conference – April 26-27 – American University of Kuwait- Kuwait
- Paper presentation on "Educational Attainment and Career Success in the GCC: Does Gender matter?" 2009
- Southern Management Associate – October 29 – November 1 – Florida, U.S.
- Paper presentation on "A Study of the Labor Market Dynamic and Trends in Kuwait: A Multi-Perspective Approach." 2008
- International Conference on Psychology- July 9-12 - Athens, Greece
- Paper presentation on "Memory and subjectivity, depression and PTSD in Kuwaiti youths." 2007
- 2nd Liberal Arts Conference – May 15-16 – Kuwait 2007
- Panel Discussion: A Multi Perspective Assessment of the Labor Market in Kuwait
 - Paper presentation on "Subjectivity and Identity among Kuwaiti Young Adults"
- 2nd Middle East and North Africa Regional Conference of Psychology- Amman-Jordan
- Three paper presentations on "Memory and Subjectivity among Kuwaiti Youths: Child Witnesses of the 1990 Iraqi Invasion of Kuwait," "Foreign Workers in Kuwait: The Experience of Women Faculty," and "How Identity Is Constructed: Analysis of Four Case Studies." 2007
- 3rd international conference on Social Sciences – Kuwait University, Kuwait
- Paper presentation on "Tense Pasts: The 1990 Iraqi Invasion of Kuwait, Environmental Contaminants, and PTSD and Depression." 2006
- LED International Conference – The University of Waikato, Hamilton, New Zealand 2006
- Paper Presentation on "Impact of Schools' Bilingual language Policies on the Psychological Well-being of Adolescent Second Generation Immigrants."
- Excellence through Equity – The University of Toronto
- Paper Presentation on "Teaching Diversity Courses as Women Faculty of Color: Twelve Case Studies." 2003
- 23rd Ethnography in Education Research Forum – Penn State University
- Presenter in two separate workshops on "Examining the Matrix of Privilege: The Experiences of Women Faculty of Color Teaching Diversity Courses" and "Conflict Resolution and Identity Construction: Three Case Studies." 2003
- Keeping our Faculties: Addressing the Retention and Recruitment of Faculty of Color in Higher Education – The University of Minnesota
- Paper Presentation on "Examining the Matrix of Privilege: The Experiences of Sixteen Women Faculty of Color Teaching Diversity Courses." 2002

PROFESSIONAL PRESENTATIONS

2016-Invited Speaker- Cancer Awareness Event-American Women League

- Presentation on “Mental Health Awareness for Family of Survivors.”

2016- Invited Speaker-Department of Social and Behavioral Sciences –Anthropology club (SBSA) AUK

- Presentation on “Parasocial Relationships: The nature of Celebrity”

2016- Invited Speaker-Department of Social and Behavioral Sciences –Anthropology Club (SBSA) AUK

- Presentation on “A Body Dissatisfaction: A Study of the Effect Of Media Imperialism in Kuwait”

2015-Invited Speaker-Fikir Club, Kuwait

- Moderating a discussion on Religious Acceptance: Understandings our faith for AUK students.

2015- Moderator

- A Panel Discussion on "Child Abuse" at the American University of Kuwait(AUK) in collaboration with Social and Behavior Science faculty and professionals in the community.

2015- Invited Speaker-Al Nibras School, Kuwait

- Faculty professional development on “Sexual Education for Special Needs Children”.

2014-Invited Speaker-American University of Kuwait (AUK), Kuwait

- Faculty professional development on “Communication Strategies for effective collaboration”.

2013-Invited Speaker-American University of Kuwait (AUK), Kuwait

- Student Forum with Dr. Abdullah Ghaloum, Dr. Bibi Al-Omari, Dr. Nisrine Abul Hosn and Dr. Dr. Nick Scull on “Mental Health” for undergraduate students attending AUK

2013-Invited Speaker-American University of Kuwait (AUK), Kuwait

- Panel Discussion with Dr. Stalo Karagorgi, Dr. James Rose & Dr. Pellegrino Luciano On “Obesity” for undergraduate students attending AUK

2012-Invited Speaker-American University of Kuwait (AUK), Kuwait

- Panel Discussion with Dr. Ali Charara, Dr. James Rose, Dr. Nicholas Scull and Dr. Pellegrino Luciano on “The Causes, Consequences, and Treatment of Drug Abuse” for undergraduate students attending AUK

2010 – Invited Speaker – American University of Kuwait (AUK), Kuwait

- Workshop presentation with Dr. Ali Charara on “*Depression and biological factors*” for undergraduate students attending AUK.

2010 – Invited Speaker – American University of Kuwait (AUK), Kuwait

- Invited Speaker on “*Intimate Partner Violence*” at the Anti Violence Form.

2009 – Invited Speaker – American University of Kuwait (AUK), Kuwait

- Workshop presentation on “*Skills to Empower Women in Business*” at the first Women in Business conference

2008 – Invited Speaker – Ajjal Bilingual School, Kuwait

- Workshop presentation on “Kuwaiti Cultural Norms”

2007 – Invited Speaker – Continuing Education –AUK, Kuwait

- Conducted two different training for teachers and parents on “Kuwait and Culture Shock” and “Depression in Children.”

2007 – Invited Speaker – American Academy for Girls (AAG), Kuwait

- Workshop presentation on “Depression and Stress in Children” for 150 teachers.

2005 -2009 Healthy Living Workshops – American University of Kuwait (AUK)

- Presented various workshops for AUK community on Depression, Violence, Eating Disorders, Anger Management, and Stress Management, Compulsive Shopping, Positive Thinking and Healthy Living

2006 – Continuing Education – American University of Kuwait (AUK)

- Workshop presentation on “Kuwait and culture Shock” for new coming teachers for various private elementary and high schools.

2003 Women’s Health: Pathways, Practices and Politics - Oakton Community College

- Paper presentation on “Women and Depression and Immigration.”

2003 28th Annual All city School Counselors’ Conference, Chicago Public School

- Presenter in two separate workshops on “*Depression in African-American Youth*” and “*Cultural Issues with Arab-American and Assyrian Students.*”

2003 Parental Involvement conference, “The Power of Parents”, Chicago Public School

- Presenter in two workshops on “*Helping Your Child Develop Self-Motivation.*”

2001 Chicago Metro AEYC Annual Conference

- Presenter on mental health concerns in children. Discussed warning signs of possible mental health problem areas including emotional, intellectual, social, physical, and language.

2000 Chicago Public School

- Conduct on going professional development trainings on Immigration, Acculturation and Mental Health for faculty and staff in the Newcomers International Center.

1999 U.S. Journal Training & Professional Counselor - Las Vegas

- Increasing the Effectiveness of Your counseling Skills Conference

1999 Parenting Workshops at Cristo Rey High School

- Conducted parenting workshops for Latino parents. Delivered educational material which developed parenting skills as well as realistic and age-appropriate expectations of their children. Final duties involved planning activities, which provided for the cultural enrichment and recreation needs of the parents and their children. Workshops were all conducted in Spanish and English.

1999 The Graduate Experience in Multicultural Context

- Guest Speaker on utilization patterns of mental health services with Arab-Americans and Hispanics.

GRANTS/FUNDED PROPOSALS

- The College of Arts & Sciences- Faculty Support Grant- American University of Kuwait- 2009. Initiation research grant on *Attachment Styles and Intimate Television Viewing: Insecurely Forming Relationships in a Parasocial Ways. Implications in a Traditional Society.*
- The College of Arts & Sciences- Faculty Support Grant- American University of Kuwait- 2008. Initiation research grant on *Motivation and Satisfaction of Women in the work force in Kuwait.*
- The College of Arts & Sciences- Faculty Support Grant- American University of Kuwait- 2007. Continued research grant on *The prevalence of depression among college students attending private universities in Kuwait.*

- The College of Arts & Sciences- Faculty Support Grant- American University of Kuwait-2007. Co-investigator on Gender, Culture and Organizational Attainment: A Comparative Study of U.S. and Arab Region research with Dr. Mourad Dakhli.
- The College of Arts & Sciences- Faculty Support Grant- American University of Kuwait-2006. For research on *The prevalence of depression among college students attending private universities in Kuwait*
- The College of Arts & Sciences- Faculty Support Grant- American University of Kuwait-2006. For research on *Environmental contaminants, PTSD and Depression, and High Mortality Rates among Kuwaitis.*
- The Center for Educational Practice and the Office of the Vice-President of Academic Affairs. Saint Xavier University Faculty-Student Collaborative Grant – 2001. For Research on *Recruitment and Retention of Faculty of Color in Higher Education.*
- The Dean of Art's and Science Grant. Saint Xavier University – 2002. Research on *Faculty of Color Teaching in Higher Education.*
- The Center of Education Practice and the Office of the Vice-President of Academic Affairs. Saint Xavier University – 2003. Research on *Identity Construction with Maori Youth in New Zealand and Native Americans in the United States.*

SERVICE

SERVICE TO THE UNIVERSITY

- The Advisory Panel for Students Complaints against Faculty-2016
- Grade Appeal Committee- 2016
- President Award Committee-2015
- Chair of the Advisory Panel for Student Complaints Against Faculty-2015
- Professional Development Committee- 2014-2015
- Promotion Advisory College Committee- 2014-2015
- University Grievance Committee- 2013-2015
- Promotion Committee- 2013-2014
- College Grade Appeal Committee- 2013-2014
- Member of Curriculum Committee, Academic Standard Committee, Professional Committee, Dean Search Committee and nominated for the Code of Conduct, Assessment and EDUC task force- 2012
- Selected as the Psychology Program Lead in AUK- 2007.
- Involved in a psychology minor at AUK- 2006-2009
- Counseled self referred students with psychological issues for 10-15 hours per week in the Student Success Centre, American University of Kuwait- 2006
- Member of the Academic Standard Committee and GEnED accreditation sub-committee- 2006
- Member of Women and Gender Study, AUK, 2005.

SERVICE TO THE PROFESSION

- Reviewer for "Construction Of Social Psychology " book-2015
- Chair of the Education Focus Committee at ABCK, I organized in collaboration with the Department of Electrical and Computer Engineering at AUK, along with the American

Business Council of Kuwait (ABCK), and the AUK-IEEE Student Branch are a seminar entitled "Public Cloud and Virtual Reality".

- Chair of the Health Focus ABCK. Helped organized panel discussion on Child Abuse in collaboration with SBS faculty members at AUK, and community health providers to bring awareness to child abuse and laws in Kuwait.
- Organized a major educational event on "How to Get a Job and Keep it" sponsored by the American Business Counsel- Kuwait (ABCK) hosted by AUK-2014
- American Business Council- Kuwait (ABCK) Board member (2013)
- Organized The 2nd International Conference on Learning Difficulties and ADHD Disorders: Assessment and Intervention, February 1-2, 2013
- Conducted a Workshop on 'Personal Awareness' at AUK, October 14th, 2012.
- Conducts several corporate workshops on Team Building, Leadership Training, Conflict Resolution, Anger Management and Life Coaching.
- Working as a Clinical Psychologist (private practice) Kuwait (2005-Present). Conduct individual, family, marital and child psychotherapy for Kuwaiti and non Kuwaiti population. Issues addressed include but not limited to depression and suicide, anxiety, phobia, anger management, substance abuse, marital conflicts, eating disorder, identity conflict and learning difficulties. Also, conduct Cognitive, Achievement and Personality testing for Children and Adult.
- Dinkha, Juliet and Nisrine Aboul-Hosson 2011 Interactive Q&A titled 'Mind Bubble', *Bazaar* magazine
- Reviewer for the mental health, Religion and Culture Journal
- Reviewer for the International Journal of Psychology (IJP)

OTHER SERVICE ACTIVITIES: PUBLIC AFFAIRS AND MEDIA

- 2016 The Business Year Magazine
 - Interview with Chairwoman of ABCK
- 2016 Babtain Educational/Cultural TV Channel
 - Guest Speaker on teaching of Psychology at AUK – July 14
- 2012 Al- Youm T.V.
 - Guest speaker on infidelity and marriage
- 2010 Al Seyassah
 - Guest speak at AUK's Anti violence Forum – November 6th
- 2010 Al Jareeda
 - Guest speak at AUK's Anti violence Forum – November 5th
- 2010 Al Anbaa
 - Guest speak at AUK's Anti violence Forum – November 5th
- 2010 Kuwait Times
 - Guest speak at AUK's Anti violence Forum – November 4th
- 2008 Alrai Television - Kuwait
 - Guest Speaker on Eating Disorders in the Gulf
- 2008 Al Watan Television- Kuwait
 - Guest Speaker "Good morning Watan" on Jealousy
- 2008 Alrai Television - Kuwait
 - Guest Speaker on Women roles in our society
- 2007 Al Watan Television- Kuwait
 - Guest speaker on compulsive Shopping
- 2006
- 2007 Alrai Television-Kuwait
 - Guest speaker on Anxiety, Mood Disorders and Anger Management
- 2006 Kuwait Times News Paper

- Regular contributor on health issues as well as articles on mental health awareness for the Kuwaiti public.

2001-

2003 The Assyrian Radio Am1590

- Host a live interactive weekly program on psychological and social concerns with in the Assyrian community.

2001 The Assyrian Television

- Regular contributor on mental health issues as they impact the Assyrian communities.

2001 Access Television Channel 21

- Host and contributor on psychological issues including the Dos and don't of Parenting

2000-

2002 Emmama Newspaper

- Contributing writer on psychological issues for the Assyrian and Middle Eastern communities across United States and Canada

Professional Affiliations and Committees

Middle East psychological Association (MEPA)- member since 2011

The Association for Psychological Science (APS)
member since 2004

Chicago Commission on Human Relations Advisory Council on Women
2004

The American Psychotherapy Association (APA)
Certified Diplomat since 1998

American Psychological Association (APA)
Affiliate since 1994

The Institute Review Board (IRB) at Saint Xavier University
Member 2002-2005

Arab American Action Network
Board Member 2003-2004

World Relief
Member of the Advisory Board 2001- 2002

Midwest American Latino Psychologist (MALP)
Member 2000- 2005

Arab Women's Organization
Member since 1993-2004

The Graduate Experience in a Multicultural Context
Program Committee Member 1998

Tavistock Group Relations Conference
Participant 1996

SPECIAL AWARDS

- Ten year service at AUK - 2015
- International Relations Award for faculty Support - 2015
- Five year service to the AUK -2010
- American University of Kuwait (AUK) – 2008
Scholarship recognition in AUK chronicle
- Saint Xavier University – 2005
Scholarship Recognition Award

SPECIAL SKILLS

Fluent in English, Spanish, Arabic and Assyrian

Computer Literate – Word Excel, Power Point, SPSS, and Blackboard